GSA Publication Promotes Mobility for Osteoarthritis Patients

A structured physical activity program can help maintain mobility for older people who have osteoarthritis, according to the latest edition of GSA's What's Hot newsletter.

“Reducing the Risk of Mobility Disability in Older Adults with Osteoarthritis,” as the issue is titled, points out that maintaining mobility is not only a crucial component of healthy aging — often yielding physical and psychosocial benefits — but it also is fundamental to the management of osteoarthritis.

“The new What's Hot is extremely helpful for providers and patients alike,” said GSA President Barbara Resnick, PhD, CRNP, who served on the publication's advisory board. “It provides evidence based approaches and solutions to management of arthritis. Specifically there is guidance for what to do to manage pain and optimize function and mobility.”

She added that exercise is critical to the process, despite the fact that it may seem counterintuitive to increase physical activity when suffering from the pain of osteoarthritis.

“In fact, we know this is the best way to overcome the pain and optimize function,” Resnick said. “This publication helps guide the providers and patients towards the type of exercises that they can do safely and that will provide benefit immediately and over time.”

Osteoarthritis, sometimes referred to as degenerative joint disease, is the most common form of arthritis and currently affects over 30 million adults in the U.S. It is the country’s fifth leading cause of physical disability and its prevalence is increasing due to the aging of the population and growing obesity epidemic. It is progressive disease that results from localized loss of cartilage, remodeling of adjacent bone, and...

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America’s Top Reporters on Aging Earn Journalism Fellowships

GSA and New America Media (NAM) have selected 18 distinguished reporters for the next cohort of the Journalists in Aging Fellows Program, now in its eighth year. They represent a wide range of general audience, ethnic, and community media outlets, including several public radio affiliates, daily newspapers, and national publications.

The new fellows were chosen based on their proposals for an in-depth aging-focused story or series. These projects, to be published in late 2017, span such concerns as disparities in hospice access, mental health treatment issues for African Americans, and isolation of older adults in rural settings.

The participating journalists will convene during the World Congress of Gerontology and Geriatrics — which GSA will host from July 23 to 27 in San Francisco, California — and utilize the more than 650 presentation sessions and 6,000 expert attendees to inform their reporting.

“Our program will allow some of the country’s best journalists to interact with the largest group of authorities on aging ever assembled,” said Karen Tracy, GSA’s Senior Director of Strategic Alliances and Communications. “We are proud to facilitate this important connection, which will bring first-rate coverage to audiences everywhere.”

The fellows program is supported by funding from AARP, The Silver Century Foundation, The Commonwealth Fund, The Retirement Research Foundation, and The John A. Hartford Foundation.

“The World Congress should give our journalism fellows ample opportunities to report on how global aging is impacting local communities throughout America,” said NAM Executive Director Sandy Close. “This year’s applicants were among the most thoughtful and original we’ve received. I wanted to accept them all and hope those not chosen this time will reapply in the future.”

Continued on page 8
From the Executive Director

In San Francisco, Show Your Colleagues the GSA Way

By James Appleby, BSPharm, MPH • jappleby@geron.org

There’s no doubt the upcoming World Congress of Gerontology and Geriatrics will be the most significant aging-related event of the year. Could it be the most significant event of the decade? With the active participation of GSA members, I think we can accomplish that.

As the sole U.S.-based organizational member of the International Association of Gerontology and Geriatrics (IAGG), GSA was tapped to host the IAGG World Congress eight years ago. Since that time, our staff and volunteer leaders have been working to make this an unforgettable event. When we meet next month in San Francisco, we’re expecting upwards of 6,000 attendees from around the globe — more than any World Congress in history, and any GSA meeting as well.

Based on registrations to date, GSA members will have a strong showing. To make you feel “at home,” we’ve made sure to carry over some of the most the valued features from GSA meetings to the World Congress. Visit www.geron.org/GSAatIAGG to learn how you can stay connected with the Society while in San Francisco.

More than half of the World Congress attendees won’t be GSA members. It will be up to us to demonstrate the wonderful benefits of affiliating with GSA and the great things we can accomplish if we all work together.

I often hear members say that they consider GSA their “professional home.” In San Francisco, we’ll have the chance to demonstrate to the global gerontology community why you feel this way. While the World Congress will be significant in size, it will also be significant as a platform to show how GSA is a unifying force for scholars of all disciplines and nationalities interested in advancing innovation in aging. Simply put, GSA can be their professional home too.

Because we’re the host organization, I’m asking members to help be GSA “ambassadors” at the World Congress and make our “guests” feel welcome. There are seven easy ways you can play the role of GSA ambassador.

- Wear a GSA member ribbon, which you can pick up at registration.
- Wear your GSA member or GSA fellow pin. They’re great conversation starters!
- Invite a nonmember to the Tuesday evening “GSA: Fostering a Timeless Connection” reception. A ticket can be purchased through your meeting registration for $15, which includes two admissions — good for one GSA member and one nonmember guest.
- Invite a nonmember colleague to join you at a GSA interest group meeting.
- Join a nonmember in visiting the GSA exhibit booth to introduce them to the many benefits of membership, including the journals, Mentor Match, the Annual Scientific Meeting, and more.
- Tell nonmembers your “why GSA” story — how you came to be a member.
- Let new scholars know about the work of GSA’s Emerging Scholar and Professional Organization which has teamed up with the IAGG Council of Student Organizations on some great program content.

And when you hear someone talking about the rewarding time they’re having at the World Congress, please tell them that they can recapture that experience by joining us next November, when GSA will again be the “host” organization for our very own 2018 Annual Scientific Meeting in Boston, Massachusetts.

The role of GSA ambassador is one you can take pride in. It offers you the chance to reaffirm your place in the global community of aging scholars. They say all politics is local, but I think all science is international. In this time of uncertainty around the globe, nothing will be more affirming than gathering with colleagues to celebrate aging research and collaborate on new ways to improve the lives of people as they age.

World Congress of Gerontology and Geriatrics
July 23 to 27, 2017
www.iagg2017.org

Next date to remember: Last week of June
Discounted hotel rates end
Leland Receives Occupational Therapy Award
Natalie Leland, PhD, has earned the Lindy Boggs Award from the American Occupational Therapy Association. The award, established in 1982, recognizes the significant contributions by an occupational therapist or occupational therapy assistant in promoting occupational therapy in the political arena by increasing recognition of occupational therapy in federal or state legislation, regulations, and/or policies or by increasing appreciation and understanding of occupational therapy by elected or appointed officials.

Cutler Bestowed with Honorary Degree
The University of Bucharest recently awarded GSA Past President Stephen Cutler, PhD, with an honorary degree. Currently the Emeritus Bishop Robert F. Joyce Distinguished University Professor of Gerontology at the University of Vermont, Cutler has also been part of the University of Bucharest academic community. He has taught two generations of PhD students in the Doctoral School of the Sociology and has informally advised several PhD students.

Kelly Recognized in Nebraska
The University of Nebraska Omaha honored Christopher Kelly, PhD, with its Alumni Outstanding Teaching Award. Kelly was one of nine recipients from the university’s six colleges. Kelly is the Leo Missinne Professor of Gerontology and the graduate program chair in the Department of Gerontology. His research explores indicators of nursing home quality, as well as innovative long-term care alternatives at the state and local levels. The latter efforts include his service as a member of the Nebraska’s Aging Task Force.

Dolbin-MacNab, Kaye Present Senate Testimony
On March 21, Megan Dolbin-MacNab, PhD, LMFT, testified before the U.S. Senate Special Committee on Aging at a hearing titled “Grandparents to the Rescue: Raising Grandchildren in the Opioid Crisis and Beyond.” She summarized research on the physical and mental health of grandparents raising grandchildren. On April 27, GSA Fellow Lenard W. Kaye, DSW, PhD, testified before the same committee at a hearing titled “Aging Without Community: The Consequences of Isolation and Loneliness.” He reported that social isolation is a silent killer — due to placing people at higher risk for a variety of poor health outcomes — and he warned that more Americans are living in isolation than ever before.

In Memoriam
Dorothy Rice, ScD, a pioneering government economist and statistician whose research about older adults’ need for health insurance helped make the case for the passage of Medicare in 1965, died on February 25 at age 94. She was an analyst at the Social Security Administration when its study on aging highlighted how about half the population 65 and over had no health insurance — and that those who needed it most were the least likely to be able to afford it. In government service, where she rose to director of the National Center for Health Statistics. In academia, at the University of California, San Francisco, Rice created innovative methodologies to estimate the costs of treating people with heart disease, cancer, Alzheimer’s, disabilities and strokes.

New Books by Members

Members in the News
- GSA Fellow Carole Cox, PhD, was quoted in the New York Times on March 23 in an article titled “Take a Number, 69.5,” which discussed the increase in grandparents in the U.S., and the rapid growth of the population of younger grandparents.

Colleague Connection
This month’s $25 amazon.com gift certificate winner: Margaret Neal, PhD
The recipient, who became eligible after referring new member Kristin Bodiford, MBA, PhD, was randomly selected using randomizer.org. For more details on the Colleague Connection promotion visit www.geron.org/connection.

Member Spotlight
GSA’s website features monthly Q&A sessions with distinguished members. The current spotlight shines on: Emily Nicklett, PhD
Visit www.geron.org/membership to ask questions and read previous interviews. Connection promotion visit www.geron.org/connection.
Confluence of Member Advocacy, Bipartisanship Yields Legislative Action

GSA members are continuing to place themselves at the center of the nexus of science, research, analysis, policymaking, and politics. When these pieces of the puzzle come together in a thoughtful and bipartisan way on Capitol Hill, all sorts of good things can happen.

In this month’s case, years of foundational work has led to positive movement of a bill, the Over-the-Counter Hearing Aid Act of 2017 (H.R. 1652 and S. 9). With the help of GSA member Frank Lin, MD, at Johns Hopkins University, the often-messy policy-making process appears to be congealing in the best interests of consumers, providers, regulators, and the marketplace.

On May 2, Lin testified before the Subcommittee on Health of the House Energy and Commerce Committee in a hearing titled “Examining Improvements to the Regulation of Medical Technologies.”

GSA Senior Director of Professional Affairs and Membership Patricia “Trish” D’Antonio was at the hearing. She told me, “As always, I was very impressed with Frank Lin’s depth of knowledge on the issue of hearing aid technology and the marketplace for hearing aids; but he also voiced concerns of consumers who face real obstacles in obtaining hearing aids. Dr. Lin was quite adept at answering the many questions posed by the members of the Committee. He really showed his communication skills and political savvy with his ability to keep the members focused on the primary reasons for this legislation: expanding access to and the affordability of hearing aids for those with mild to moderate hearing loss; improving public awareness of the ramifications of hearing loss; and ensuring that consumers have properly regulated devices to ensure safety and protection from scammers.”

I am getting ahead of myself and the process. This issue has its roots in research and policy development that GSA and many of its members have been doing for years. What is the hearing aid issue all about? GSA Executive Director and CEO James Appleby, BSPharm, MPH, explained it thusly in a recent op-ed that appeared in one of Washington’s most-read political rags, The Hill: “If your vision isn’t what it used to be, basic reading glasses are cheap and easy to find from any number of retailers in this country. But what if you’re one of the 30 million Americans over 60 who experience hearing loss? A comparably accessible and affordable solution is harder to come by. As a result, only about 16 percent of people with this condition actually use hearing aids. But there’s something we can do about it, and better hearing will be just one of the rewards… There’s a bipartisan bill (the Over-the-Counter Hearing Aid Act of 2017) moving through both houses of Congress that would help address some of these issues, and it’s based on recommendations from both the National Academies of Sciences, Engineering, and Medicine (NASEM) and the President’s Council of Advisors on Science and Technology (PCAST).”

Yes, in fact, our colleagues played roles in these two key studies that have led to the current policy-making tipping point. Described by the Obama Administration as “arguably the most distinguished and diverse in the history of presidential science and technology advisory bodies,” the PCAST working groups included several GSA members. Members of its Aging and Technology Study Full Working Group, which wrote the 215 report “Aging America & Hearing Loss: Imperative of Improving Hearing Technologies,” included: GSA Fellow Sara Czaja, PhD, of the University of Miami; GSA Fellow David Lindeman, PhD, of the University of California, Berkeley; and Jason Karlawish, MD, of the University of Pennsylvania. Lin advised the working group. (By the way, over eight years, the PCAST had 25 total members, more than 400 working group members, and issued 39 reports to President Obama, in case you are looking for summer reading.)

In addition, Lin and GSA Fellow Dan Blazer, MD, of the Duke University Medical Center served on the NASEM Committee on Accessible and Affordable Hearing Health Care for Adults, which produced the 2016 report “Hearing Health Care for Adults: Priorities for Improving Access and Affordability.” Blazer chaired the committee.

This work helped get us where we are today. The Over-the-Counter Hearing Aid Act would help make hearing aids available to older persons (and others) at a reasonable price. In addition, experts are hopeful that the availability of less expensive hearing aids might induce people to go to their doctors for auditory care. As you will see from Lin’s testimony, hearing aids and the services provided by audiologists are often bundled and the cost averages $4,700 for two hearing aids. For millions of Americans, this is simply unaffordable. Individuals with hearing loss are at a greater risk of dementia, falls, social isolation, and hospitalization, and some of these risks could be reduced with hearing aids.

The legislation directs the U.S. Food and Drug Administration (FDA) to create a regulatory classification for over-the-counter (OTC) hearing aids including evidence-based performance standards and consumer protections. Direct access to OTC hearing aids is not possible under current regulations.
It can be difficult to get a bill (one of more than 10,000 each Congress) through the legislative process, so it can be very helpful to get one’s issue on a legislative vehicle that is leaving the station, and even better if there are urgent arrival times for the train. In this case, the FDA’s funding bill, H.R. 2430, which renews its authority to collect fees from the drug and medical device industries, must pass before July or layoff notices will begin. About $2 billion of the FDA’s $5 billion budget come from these fees.

Thus, we have a perfect summer storm for bipartisanship and quick consideration by the Senate Committee on Health, Education, Labor, and Pensions (HELP), which passed its FDA Reauthorization Act of 2017 (S. 934) on May 11, and the Health Subcommittee of the House Energy and Commerce Committee, which passed its FDA bill on May 18. Both bills included similar versions of the OTC hearing aid bill. In the House, Representatives Patrick Kennedy (D-MA) and Marsha Blackburn (R-TN) offered an amendment on the over-the-counter hearing aids. Its primary difference from the Senate HELP bill is that it does not include a provision directing the Government Accountability Office to conduct a study to evaluate consumer experience with hearing health care, hearing screening in the primary care setting; consumer adoption, usage, and outcomes related to hearing technology; and how the regulations developed by the FDA impact hearing health care.

Next, the full Energy and Commerce Committee will consider the larger FDA bill, and that markup process is likely to include some debate and posturing on various controversial issues including prioritizing certain drug applications, prescription drug communications, medical devices, drug pricing and importation. We hope that the committee will send the bill on to the full House, and if the Senate moves forward with passage, House and Senate staff and members will work on a compromise, which should include the OTC hearing aid provisions.

All of the research in the field and participation on respected committees and work groups like PCAST and NASEM afford opportunities for advocacy. These efforts actually make a very big difference in how some policymakers and legislators determine if and how issues move forward. That work leads to the drafting of legislation and hearings and markups and votes, and of course, advocacy opportunities like the one that Lin had in May and we all have now.

Let me finish by paraphrasing the conclusion of Lin’s testimony. This legislation will direct the FDA to sensibly regulate hearing aids to ensure that 38 million Americans have access to safe and effective OTC hearing technologies. This will improve public health, promote innovation, lower costs, and will benefit adults of all ages, hearing health professionals, and hearing technology companies.

Please see more on this issue on the GSA website at www.geron.org/policyactions. You will find background materials, GSA’s advocacy letters, Lin’s testimony, Appleby’s op-ed, links to the hearing aid reports that I have mentioned, and an advocacy guide so that you may weigh in on the issue with your own members of Congress.

(For another great example of member advocacy, also check out the testimony of GSA Fellow Lenard Kaye, DSW, PhD, at the Special Committee on Aging hearing titled “Aging Without Community: The Consequences of Isolation and Loneliness,” which took place on April 27. You can see it at www.aging.senate.gov/hearings.)
Distinguished Members Granted Fellow Status

This year GSA’s Executive Committee approved 72 individuals from nine countries for fellow status within the Society. Fellow status is peer recognition for outstanding contributions to the field of gerontology and represents the highest class of membership. This distinction comes at varying points in a person’s career and is given for diverse activities that include research, teaching, administration, public service, practice, and notable participation in the Society. The 2017 fellows will be honored at their respective Section Business Meeting and Award Presentation lunches at the 2018 Annual Scientific Meeting in Boston, Massachusetts.

**Behavioral and Social Sciences Section**

Katherine M. Abbott, PhD, Miami University; Jennifer A. Ailshire, PhD, University of Southern California; Scott R. Beach, PhD, University of Pittsburgh; Walter R. Boot, PhD, Florida State University; Dawn C. Carr, PhD, Florida State University; Angela L. Curl, MSW, PhD, Miami University; Kara B. Dassel, PhD, University of Utah; Lawrence H. Ganong, PhD, University of Missouri-Columbia; Idethia Shevon S. Harvey, DrPH, Texas A & M University; Lori L. Jervis, PhD, University of Oklahoma; Anne D. Katz, PhD, University of Southern California; Kenzie Latham-Mintus, PhD, Indiana University-Purdue University-Indianapolis; Hui Liu, PhD, Michigan State University; Jocelyn S. McGee, PhD, Baylor University; Joan K. Monin, PhD, Yale University; Jeanine M. Parisi, PhD, Johns Hopkins Bloomberg School of Public Health; Olimpia Paun, PhD, Rush University; Carol A. Podgorski, PhD, University of Rochester; Jon A. Sanford, Georgia Tech; Aurora M. Sherman, PhD, Oregon State University; Matthew L. Smith, MPH, PhD, The University of Georgia; Miles G. Taylor, PhD, Florida State University; Cynthia Thomas, PhD, The National Academies of Sciences, Engineering and Medicine; Sandra Torres, PhD, Uppsala University; Sarah A. Vickerstaff, BS, PhD, University of Kent; Christina Victor, PhD, Brunel University-London; Alan C. Walker, PhD, University of Sheffield; Janice I. Wassel, DrPH, Western Kentucky University; Regina C. Wright, PhD, University of Delaware

**Biological Sciences Section**

Stephen L. Helfand, MD, Brown University; James L. Kirkland, PhD, Mayo Clinic; Dudley W. Lamming, PhD, University of Wisconsin-Madison; Donald Craig D. Willcox, PhD, Okinawa International University

**Health Sciences Section**

Debra Bakerjian, FAAN, MSN, NP, PhD, University of California-Davis; Edith A. Burns, MD, Medical College of Wisconsin; Marie Ernst Bravell, PhD, Jönköping University; Phyllis M. Gaspar, PhD, RN, The Goodman Group; Nancy Glynn, PhD, University of Pittsburgh; George Kuchel, MD, University of Connecticut; Diana Kuh, PhD, MRC Unit for Lifelong Health and Ageing at UCL; Todd M. Manini, PhD, University of Florida College of Medicine; David Melzer, PhD, University of Exeter Medical School; Michelle C. Odden, PhD, Oregon State University; Juyoung Park, PhD, Florida Atlantic University; Thomas T. Perls, MD, Boston University School of Medicine; Lorraine J. Phillips, PhD, RN, University of Missouri; Harold A. Pincus, MD, Columbia University; Charlene C. Quinn, FAAN, PhD, RN, University of Maryland School of Medicine; Michelle Sharvell, PhD, National Institute on Aging; Sandra Spoelstra, FAAN, Grand Valley State University; Kristine M. Talley, NP, PhD, RN, University of Minnesota; Katherine L. Tucker, PhD, University of Massachusetts Lowell

**Social Research Policy and Practice Section**

Barbara J. Bowers, PhD, University of Wisconsin; Rashmi Gupta, PhD, San Francisco State University; Leslie Hasche, PhD, University of Denver; Julene L. Hunt, PhD, University of California, San Francisco; Hyun-Jun Kim, MSW, PhD, University of Washington; Keiko Kitagawa, DSW, Seitoku University; Valerie L. Levy, BS, International Federation on Ageing; Terri Lewinson, PhD, Georgia State University; Baozhen Luo, PhD, Western Washington University; Beverly P. Lyons, PhD, Long Island University; Susan C. Miller, PhD, Brown University; Rajean P. Moore, PhD, Minnesota Leadership Council on Aging; Terry J. Moore, BSN, MPH, Abt Associates; Lawrence H. Nitz, PhD, University of Hawaii; Adriana Perez, PhD, University of Pennsylvania; Victoria H. Raveis, PhD, New York University; Noell L. Rowan, PhD, University of North Carolina Wilmington; Paul G. Sacco, PhD, University of Maryland; Cheryl E. Waites, EdD, Wayne State University; Karen A. Zurlo, PhD, Rutgers University

To learn more about GSA fellowship, the nomination process, and see a listing of all fellows, visit www.geron.org/membership/fellows.
Events for Students and Emerging Scholars at the IAGG 2017 World Congress

By Jaime M. Hughes, PhD, MPH, MSW

ESPO, in partnership with the IAGG Council of Student Organizations, is pleased to announce a series of activities geared towards students and emerging scholars at this July’s World Congress of Gerontology and Geriatrics. Go to www.iagg2017.org/students for updates and additional details.

“Crossing Geographic and Disciplinary Boundaries: Professional Development for Emerging Scholars”

Pre-Conference Workshop, Sunday, July 23, 12:30 to 4:30 p.m.

This half-day, interactive workshop will support students and emerging scholars looking to gain skills essential to building an interdisciplinary and sustainable career in aging. The workshop will begin with a keynote address, followed by three brief sessions on research, networking, and leadership in both local and global settings. Speakers include well-respected scholars and mentors from the U.S., Canada, Australia, and Korea. The workshop will conclude with a roundtable session during which participants will have the opportunity to interact with speakers and fellow attendees. All attendees will have the opportunity to submit specific questions and suggested content prior to the workshop. Note: pre-registration is required.

“Collaborative Networks for Emerging Scholars: Local, Regional, and International Perspectives”

Student Symposium, Monday, July 24, 8 to 9 a.m.

There is growing interest in aging research internationally, yet many students and emerging scholars are uncertain of the process of establishing, building, and maintaining local, regional, and international connections. To address this need, the IAGG Council of Student Organizations will offer a symposium of several presentations and a structured discussion bringing a multidisciplinary and multicultural perspective to the topic of engaging in gerontological networks.

Student Lounge

The student lounge at the IAGG 2017 World Congress will provide a place for students and emerging scholars to rest from the hectic conference pace, network with fellow members, meet with colleagues, enjoy refreshments, and check email on the computers provided in the lounge. Please stop by! The lounge will be open from 7:30 a.m. to 4:30 p.m. on Monday, Tuesday, and Wednesday.

Informal Chats

Are you looking to network with fellow attendees in a more informal setting? Hoping to gain additional insights into professional development while you’re at IAGG? Be sure to attend one or all of our informal chats held in the Student Lounge! All attendees will be invited continue networking over dinner, if desired. No pre-registration required.

- Monday, July 24, 5:30 to 6:30 p.m.: “Establishing a Student Organization: A How-To Workshop”
- Tuesday, July 25, 5:30 to 6:30 p.m.: “The Pathway to Independent Research: Tips and Training Opportunities”
- Wednesday, July 26, 5:30 to 6:30 p.m.: “Writing, Dissertations, and Publications … Oh, My!”

Before You Go, Prepare!

With more than 650 sessions and an estimated 6,000 attendees, the IAGG World Congress will have a lot to offer. Make the most of your trip to San Francisco by preparing ahead of time:

- Looking to share travel costs with fellow attendees? Email espo@geron.org for more information on our Roommate Match Program.
- Review program materials in advance and identify sessions of interest.
- Reach out to potential collaborators and mentors ahead of time to schedule meetings. Review your goals for the meetings and arrive prepared with questions and/or ideas.
- Practice your elevator speech. Yes, practice! For tips, check out some of ESPO’s networking resources, including the archive of the Fall 2015 networking webinar as well as the Resource Library on GSA Connect’s ESPO Community.
- Most importantly, plan to take advantage of all that the Bay Area has to offer. Visit www.iagg2017.org/travel for travel information and things to do around San Francisco.

Past Chair: Jaime M. Hughes, PhD, MPH, MSW
Chair-Elect: Shoshana H. “Shani” Bardach, PhD
Past Chair: Jaime M. Hughes, PhD, MPH, MSW
Secretary: Catheryn Koss, JD, PhD
Communications Chair: Salom Teshale, MA
Past Communications Chair: Patricia A. Fletcher, MA, MS

What’s Hot was produced with support from Sanofi Biosurgery. It can be downloaded at www.geron.org/whatshot.
Bathing Resource Offers Continuing Education Credits
The award-winning, evidence-based Bathing Without a Battle training on person-centered bathing for people with Alzheimer’s disease and other dementias is now accessible online free of charge. The interactive training provides two-and-a-half hours of free continuing education credit for nurses and two hours of free credit for nursing assistants. Students who plan to enter long-term care or geriatric home care are also encouraged to participate in the online training. The training can be accessed through the website bathingwithoutabattle.unc.edu. Once registered, users can open modules on practical approaches to showering, tub bathing, in-room bathing, and hair washing; information on innovative bathing equipment and supplies; recommendations for policy change within long-term care organizations; and guidance on regulatory compliance. This new training modality is provided by a grant from The Retirement Research Foundation to the University of North Carolina at Chapel Hill. A condensed training DVD with printable instructor’s guide continues to be available for purchase for group in-service training or individual study.

New HRS Family Data Files Available
The RAND Health and Retirement Study (HRS) has released HRS Family Data Files for its 1992 through 2012 Core Waves. The data contain a cleaned, processed, and streamlined collection of variables related to the family of the respondent. The files include characteristics of all children of HRS respondents and spouses, and summary measures of parents and siblings of respondents. This new release file contains data for thirteen waves. The files incorporate only the core interviews. They do not include exit interview data or any restricted data. They were developed by the RAND Center for the Study of Aging. Visit hrsonline.isr.umich.edu for more information.

Continued from page 1 – America’s Top Reporters on Aging Earn Journalism Fellowships
In San Francisco, the fellows also will report on new developments in aging and participate in a day-long workshop, where experts will discuss the latest research and provide insight on key issues facing Americans as they age. Continuing fellowship grants also are being provided to allow 11 previous fellows to participate in the meeting. A continuously updated list of stories generated by the program’s 118 alumni is available at www.geron.org/journalistfellows.

The program is co-directed by Todd Kluss, MA, GSA’s senior manager of communications, and Paul Kleyman, senior editor of NAM’s ethnic elders newsbeat. Kleyman also is the founder and national coordinator of the Journalists Network on Generations, which includes more than 1,000 writers on aging.

The new fellows:

Arthur Allen (Politico)
Project: Reducing unnecessary and inappropriate prescriptions and procedures for older patients.

David T. Baker, (The Louisiana Weekly)
Project: The rising cost of senior living.

Beth Baker (Next Avenue)
Project: Intergenerational model programs engaging children and seniors.

Jeneé Darden (KQED-FM)
Project: Culturally-competent mental health treatment for older African Americans.

Jeanne Erdmann (The Washington Post)
Project: Medical, geographic, and financial disparities to hospice access.

Jacqueline Garcia (La Opinión)
Project: Issues for aging undocumented jornaleros (day-labor workers).

Kelli B. Grant (CNBC)
Project: The intersections between longevity and financial planning.

Gretchen Grosky (The Union Leader)
Project: Isolation of rural seniors in a state that promoted retirement there, but offers limited senior services.

Susan Jaffe (Kaiser Health News)

Julia Kassem (Arab American News)
Project: Poor transportation issues resulting in isolation of Arab American elders.

Debra Krol (Indian Country Today Media Network)
Project: Eldercare challenges for tribes and families.

Zhihong “Cecilia” Li (Sing Tao Daily)
Project: Housing challenges for Chinese older adults, especially immigrants.

JoAnn Mar (KALW-FM)
Project: Insights by physicians and patients that shed light on the challenges of providing universal comfort care at the end of life.

D. Kevin McNeir (The Washington Informer)
Project: Aging baby boomers working 9 to 5, many after 65.

Roshan Nebhrajani (The New Tropic)
Project: Profiles of five seniors showing changing demographics around Miami.

Kent Paterson (NMPolitics.net)

Stephanie Sanchez (KAWC-FM)
Project: Aging farm workers in Yuma County.

Tibisay Zea (El Planeta Media)
The 21st International Association of Gerontology and Geriatrics (IAGG) 2017 World Congress is shaping up to be the most significant event in aging this year with an anticipated record-breaking attendance of 6,000 global professionals in the field of aging. The event, which takes place July 23 to 27 in San Francisco, has a lot to offer attendees from keynote sessions to networking events.

**Full conference registration includes:** More than 35 top international speakers presenting on a range of issues: palliative care strategies, social inequality and social injustice, technology and aging, environmental perspectives, strategies for addressing aging at a global level, and more.

Two thought provoking leaders offering their unique perspectives on aging at the Opening Plenary Session. Linda Fried, MD, of Columbia University will present “Benefitting from the Third Demographic Dividend,” demonstrating how the assets of an aging population can be brought to fruition, and how societies can become stronger because of longer lives. And in “Disrupt Aging,” AARP CEO Jo Ann Jenkins will discuss her organization’s efforts to change the conversation about what it means to grow older — so aging can be something to look forward to, not something to fear.

A host of networking opportunities to build your connections, including the Welcome Reception and Exhibit Hall Opening with fun activities, hors d’oeuvres, and cash bar.

650+ scientific sessions, workshops, poster sessions, and keynotes on cutting-edge research and technology, groundbreaking studies, and advances in aging.

Three days of exhibit hall exploration featuring the latest products and services from more than 125 leading companies focused on research, finance, technology, and today’s aging population.

**Tech Day** — including a symposium on the impact of technology on aging with a pitch event for entrepreneurs, and startup alley, an immersive session in which attendees can experience technological innovation first hand.

**Age Stage,** where performances and presentations with older persons as muse or subject matter.

**JUST ADDED!**
18 presidential symposia selected from submitted abstracts by the IAGG president and program chairs.

For details visit www.iagg2017.org/presidential_symposia

With so much to offer, this is one meeting you cannot afford to miss.

Register today at iagg2017.org/register-now and save $150 off the on-site rate.

Keep an eye on #iagg2017, the official Twitter hashtag, for the latest news and updates.
NIH Seeks Research into Mechanisms, Consequences of Sleep Disparities
Several participating agencies within the National Institute of Health have issued a grant announcement to promote research to understand the underlying mechanisms contributing to sleep deficiencies among racial and ethnic minorities and other health disparity populations, and how sleep deficiencies may lead to disparities in health outcomes. For the purposes of this initiative, sleep deficiencies are defined as insufficient sleep duration, poor sleep quality, irregular timing of sleep, and sleep/circadian disorders. Research on quality of sleep and excess sleep and their health consequences is of interest for this initiative. The overall objective of this initiative is to support research to understand the underlying social, cultural, environmental or biological factors contributing to sleep deficiencies among minority and health disparity populations; and how sleep deficiencies may lead to disparities in health outcomes. In addition, research is sought on how quality of sleep and excess sleep affect health and how differences in sleep quality may lead to health disparities. Application due dates are July 11, 2017; July 11, 2018; and July 11, 2019, by 5 p.m. local time of applicant organization. More information can be found at bit.ly/2pXFIME.

RRF Accepting Applications for Aging Projects
Through its responsive grants program, The Retirement Research Foundation (RRF) supports advocacy, direct service, education, and training programs for professionals working with elders, and research to seek causes and solutions to significant problems of older adults. Proposals for direct service projects are considered from organizations based in seven states: Illinois, Indiana, Iowa, Kentucky, Missouri, Wisconsin, or Florida. Advocacy, training, and research projects, all with national relevance, are considered from organizations located anywhere in the U.S. The proposal application deadline is August 1. To learn more, visit www.rrf.org.

Fund Will Support Research on Cell Non-Autonomous Aging Signals
The National Institute on Aging has issued a funding opportunity announcement for novel studies of cell non-autonomous mechanisms of aging. The goal is to support applications that will lead to in-depth understanding of the mechanisms that produce cell non-autonomous aging signals: what they are, how they are generated from cell autonomous aging, how they are released from cells, how they are transported or communicated to other cells, and how they elicit aging upon reaching their target cells. Research supported by this opportunity should lead to new insights and better understanding of the importance of cell non-autonomous mechanisms in aging at a tissue, system, or organ systems level. Applications are due October 3. To review the full announcement, visit bit.ly/2pPL8KB.
**ADVERTISE WITH US!**

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Gerontology News accepts ads for conferences and special events, fellowships, jobs, and degree programs relevant to the field of aging.

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**THE BETTY IRENE MOORE SCHOOL OF NURSING AT UC DAVIS** seeks visionary researchers and educators to join the school as founding faculty for the Family Caregiving Institute, which launched in April 2017 with a $5 million grant from the Gordon and Betty Moore Foundation.

Dedicated to the well-being of those who care for others, Family Caregiving Institute faculty aim to discover and disseminate knowledge to improve systems of support for caregivers—who are included as essential members of a person’s care team—and seek to support them in the basic needs of caring for someone outside of the clinical setting.

**These faculty positions offer a number of unique opportunities to:**

- conduct significant, innovative and high-impact research in family caregiving
- join a creative and interprofessional faculty team
- participate in transdisciplinary collaboration with researchers throughout UC Davis
- work from a brand-new, state-of-the-art facility—Betty Irene Moore Hall—which is designed to support a vision of innovation

UC Davis Health includes the School of Nursing, the School of Medicine, a 627-bed acute-care teaching hospital and a physician practice group. It is home to a National Cancer Institute-designated comprehensive cancer center, an international neurodevelopmental institute, a stem cell institute and a comprehensive children’s hospital. Together, they make UC Davis a hub of innovation that transforms health for all.

Open recruitments include two tenure-track faculty and one clinical faculty to serve as a program lead.

For full position descriptions and to apply, visit [http://nursing.ucdavis.edu/ourteam/join](http://nursing.ucdavis.edu/ourteam/join).

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**Pain & Decision Making**

A Free Monthly Webinar Series

**June 26, 2017 | 1pm-2p, EST**

Presenter: Joseph Kable, PhD, University of Pennsylvania

**The Impact of Expectations & Persistence on Achieving Long Term Goals**

The TRIPLL webinar series is a web based training resource for health professionals, researchers, and others with interest (or working) in the aging field.

Please visit our website at [www.tripll.org](http://www.tripll.org) for more information or contact Jacquie Howard at jah3011@med.cornell.edu

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**UC DAVIS**

[ Bettty Irene Moore School of Nursing](http://nursing.ucdavis.edu)
June 2017
 printed in the U.S.

KEYNOTE SESSION SPEAKERS

The Longevity Revolution and the Private Sector - Redefining Work, Leisure, Money, Purpose and Success

Faculty: Kevin Cline, Andy Sieg, Ken Dryftwold

What Could Come From Understanding the Biology of Aging?

Faculty: Folkert Kuipers, Jim Kirkland, Sophia de Rose, Dana Goldman

Dietary Determinants of Lifelong Health

Faculty: Stefania Maggi, Jean Woo, Coenie W. Bales

Technology and Aging: Promising Solutions, Global Challenges

Faculty: David Lindeman, Stephen Johnston, Andrew Sixsmith, Alex Ross

Where We Grow Old: Environmental Perspectives

Faculty: Graham Rawles, Margaret Neal, Hérolo, Akiyama, Alexandre Kaloche, Susanne Iwarsson

For a complete list of keynote sessions and speakers, visit iagg2017.org/keynotes. Register today at iagg2017.org/register-now.